# April REDUCE, REUSE, RECYCLE

#### Why is this important?

PLAST

When a material is used to make something, it's important that it breaks down organically, can be reused or recycled into something else. Otherwise, that material only serves one purpose before it ends up in a landfill long-term where it will not break down. Recycling reduces waste, conserves important natural resources, prevents the spread of pollution and saves energy. If waste is not recycled, it can emit greenhouse gases that contribute to global warming or climate change. Recycling does more than benefit the environment; it can also stimulate the economy by creating jobs in the manufacturing and recycling industries. It also helps America rely on domestic sources of materials rather than imports.

#### What individuals can do:

Citizens in every community can do many activities to work together and reduce waste. Each of us can make a difference by reducing, reusing and recycling materials throughout our communities and encouraging our neighbors to do the same.



## Recycle plastics, paper and cardboard.

Allow old household materials to be reused by donating them rather than sending them to a landfill.



On Earth Day, April 22, show your commitment to a clean environment by volunteering for a cleanup effort in your community.

**Sources:** United States Environmental Protection Agency. https://www.epa.gov/ NASA Global Climate Change. https://climate.nasa.gov/resources/education/ Green Matters. https://www.greenmatters.com/p/why-is-it-important-to-recycle

### Monthly Health Observances